

## March 3, 2026 [On Friendship](#)

Coffee, Coffee, Coffee. Yes, Yes, Yes.

“Hi, Orah. Would you like to meet for coffee?” a townsfolk Heather emailed me.

We had never done anything together beyond chatting at various town activities. Like when her husband and I were both competing in a chili contest at our town’s Winterfest and she came by and put a ticket in my jar and said to her husband, “I can’t vote for you, we are related,” and winked at me!

I totally admired her ability to pull off events for the Westford Common Hall. And I think one time I suggested she might like to do a fundraiser Garden Tour. Of course,



being a good organizer she promptly asked if I would like to help put on a garden tour. Ha! That was probably why she asked to meet, I thought.

I said “Yes, I would love to go out for coffee.”

One thing I have learned as an ingredient for a friendship is JUST SAY YES. So many people easily say NO. Don’t have time. Busy. Family is coming. No once. No twice. No three times--- “ You are OUT” says the friendship umpire! Sure, we all have lots going on or really do have other obligations. But do you ask for a raincheck?

So, Heather and I met for coffee (I am not a big coffee drinker, but I do love to eat and we picked a place that had both.) Two hours later we looked at our cell phones and realized, yes, we really do have work we need to get to. And yes, by the end of our fabulous chit-chat time I was signed up to help organize a garden tour. And I heard about her children and she heard about my grand-children. And we promised to meet for coffee (and food for Orah) again soon.

Just say Yes to friendship.

[“The only way to have a friend is to be one.”](#) [Ralph Waldo Emerson](#)